

# HEALTHY HUNTER

*BE WELL AT HOME WELLNESS WEBINAR*

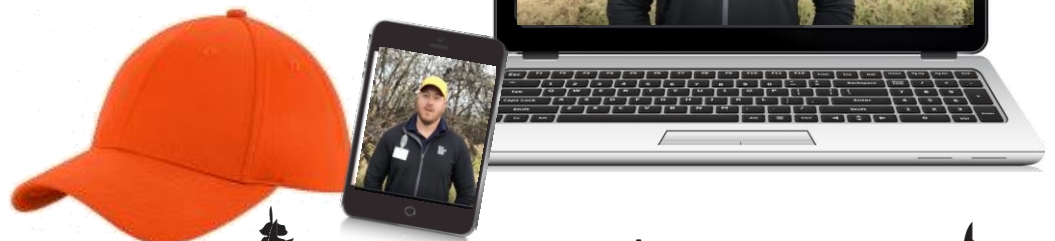
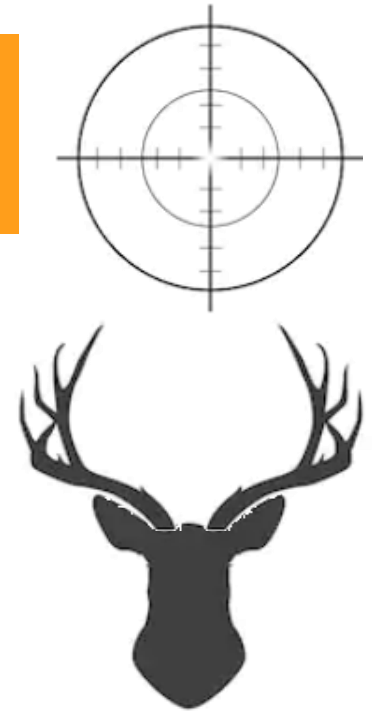
## ARE YOU READY FOR A HEALTHY HUNTING SEASON THIS YEAR?

As you and your family members get ready to set out for the hunting season this year, we want to encourage you to stay safe and healthy for the hunt. Check out a variety of resources to help you on your way to a healthy hunting season!

[Click Here To View The Healthy Hunter Video](#)

### Healthy Hunter Resources:

- Healthy Hunter Snack Checklist
- Healthy Hunter Snack Recipes
- Healthy Hunter Stroke & Heart Attack Warning Signs



 Aurora Health Care®

We are   AdvocateAuroraHealth